

Helpful Hints for Relay Youth



1. Respect • Many people of all ages and medical conditions will be sharing the same space at Relay, so it's important to act politely and respectfully. Do not use rude words or gestures. Treat others the way you would want to be treated. If someone complains about something you say or do, you'll receive a warning. If it happens again, a parent or guardian will be called and asked to come pick you up.



2. Responsibility • Your chaperone is responsible for you, and must know where you are at all times. If you need to leave your tent area to go to the restroom, visit a concession or food stand, or play a game in the center of the field, tell your chaperone where you are going. The use of tobacco, alcohol, and drugs is not allowed at any Relay For Life event.

3. Keep promises • Your team is counting on you! If you sign up to bring something, make sure you do. And walking on the track when you say you will is both a responsibility and lots of fun!

4. Special needs • If you have a medical condition or other special need that your team should be aware of, please let your team captain or chaperone know.

5. Label belongings • We realize that your stuff is special to you, so please leave anything that's really valuable at home. If you do bring something like a personal stereo or cash, you'll need to keep it safe. One way is to make sure you put your name on everything you bring. When you are ready to go home, check your area for things you might have forgotten, and check in with your team captain.

6. Keep your collected donations safe • For your safety, we recommend that, instead of going door to door, you collect donations through groups that you or your parents belong to – sports teams, friends from work or school, or religious groups. Do not carry large sums of money with you. Leave money at home in a safe place and turn donations in to your team captain often.